

Session 2026-27
Activity Planner for class IX and X

Month	Activity Name	
April	Earth day activity :- Slogan Writing.	
	Yoga:-	Surya Namaskar
	Sports:-	Action & Reaction Drill
May	Mother's Day (Card Making Activity with a short Peom on their Mother	
	Yoga:-	Preparation for International Yoga Day
	Sports:-	Agility Ladder & Cone Drills
July	Ted X Talks Competition (English, Hindi)	
	Yoga:-	Introduction of Yoga Elements.
	Sports:-	Football Basic Skills
August	Teej Celebration (Rangoli Competition)	
	Yoga:-	ASANA
	Sports:-	Shuttle Run
October	1. Swachhata Abhiyan Cleanliness 2. Maths Puzzle Competition	
	Yoga:-	Power Yoga
	Sports:-	Recreational Activities
November	Diwali Activity (Debate Competition	
	Yoga:-	MEDITATION
	Sports:-	Self Defence

External activity will be informed time to time such as Olympiads, Mock Tests, Awareness activities like talks on Cyber Security, Social themes etc.

Session 2026-27
Activity Planner for class VI to VIII

Month	Activity Name	
April	Earth Day Activity (a) Paper Bag Making (b) Poster Making	
	Yoga:-	Surya Namaskar
	Sports:-	100 mt., 200mt., 400mt Races. 4×100m Baten Relays
May	Mother's Day (DIY gifts for mothers on mother's Day card making/ Poetry writing (Any Language)	
	Yoga:-	Pranayama is the Yogic Practice of Controlling Prana Techniques.
	Sports:-	Badminton
July	Poetry Recitation / Story Telling Competition with Props	
	Yoga:-	Group Activity
	Sports:-	Basket Ball
August	Teej Celebration Rangoli Making Competition / Best out of waste Competition	
	Yoga:-	Preparation for Competition
	Sports:-	Basket Ball, Volley Ball
October	(a) Swachhata Abhiyan Cleanliness (b) Mapping the world Completion	
	Yoga:-	Power Yoga
	Sports:-	Dumbbell Exercise
November	Diwali Activity (Best Out of Waste)	
	Yoga:-	Asana
	Sports:-	Kho-Kho, Cricket

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